

rotorua walking festival

10-18 march 2012

SAT 10TH MARCH • 9AM

Rainbow Mountain

COST: FREE FITNESS REQUIRED: ● MODERATE



Join DOC for a walk to the summit of Rainbow Mountain. Discover the infamous flora that is a part of our amazing geothermal environments and learn of the developments in the area of the national cycleway - Te Ara Ahi.

- Rainbow Mountain Carpark, SH 5, 25km South of Rotorua
- Walk Leader Rob Griffiths - 07 349 8226

Registration required: Yes • Wheelchairs or Prams: No

SUN 11TH MARCH • 9.30AM - 3.30PM

Te Motu Tapu a Tinirau - Mokoia Island

COST: \$35 ADULT, \$17.50 CHILD FITNESS REQUIRED: ● LOW - ● MODERATE



Mokoia Island was the sacred home of the Te Arawa people for over 700 years. Walk along their old tracks and enjoy the sanctuary it has become to native birds. After, bathe your feet in the natural hot spring.

- Mokoia Kiosk on the Lakefront
- Lynette David 07 349 0976 or 021 741 786

Registration required: Yes • Wheelchairs or Prams: Yes for single pushchairs. Wheelchair access ok on the Island but not in bush area

TUES 13TH MARCH • 10.30AM - 11.30AM

Plunket Walking Group

COST: FREE FITNESS REQUIRED: ● BEGINNER, LOW



We meet every Tuesday at 10.30am at various locations. Open to all parents and their young children. We are flexible about stopping to attend to babies etc.

- Mid Island Gym Sports car park, off Te Ngae Road
- Rebecca Ward 021 1074022

Registration required: No • Wheelchairs or Prams: Yes

WEDNESDAY 14TH MARCH • 7AM - 9AM

Walk to Work Day

COST: FREE FITNESS REQUIRED: ● LOW - ● HIGH



Anyone can walk to work this morning and grab a snack from City Focus for your efforts and head off to work.

- City Focus
- Natasja Du Plessis 027 846 7720

Registration required: No • Wheelchairs or Prams: Yes

WEDNESDAY 14TH MARCH
ROLLING START 9-10AM. 12 NOON FINISH

Tot Trot

COST: FREE FITNESS REQUIRED: ● BEGINNER, LOW



Calling all under fives! You are invited to the hugely successful Tot Trot. Join us for a fantastical fun filled stroll through the forest.

- Shade Sails, Redwood Forest
- Kirsty Carling, Sportbop 07 348 4125 ext 609

Registration required: No • Wheelchairs or Prams: YES though tracks are not sealed

FRI 16TH MARCH • 9AM

Nordic Walking

COST: FREE FITNESS REQUIRED: ● MODERATE



Need to supply own poles. Bring money for coffee afterwards. Informal, social walking group.

- Meet opposite QE Health, Fenton Street
- Gill Nelson 07 346 2911

Registration required: No • Wheelchairs or Prams: No

SAT 17TH MARCH
10.30AM REG, 11AM START, 1PM FINISH

Green Walk

COST: \$2 FITNESS REQUIRED: ● BEGINNER, LOW



Celebrate St Patricks Day by taking a guided Rotorua Cultural Heritage Walk. 10am is facepainting and green cupcakes will be served after the walk.

- Rotorua Arts Village, 1240 Hinemaru Street
- Susana So 021 159 3601

Registration required: Yes • Wheelchairs or Prams: Yes

SAT 17TH & SUN 18TH MARCH
8AM OR 9AM OR 10AM

International Walks

COST: \$12 - \$80 FITNESS REQUIRED: ● LOW - ● HIGH



A variety of walks ranging from 10km to 42km marathon distance. Many people from overseas take part but locals are welcome too.

- Dutch Hall, Neil Hunt Park
- Deryck Shaw 027 477 1072

Registration required: Yes • Wheelchairs or Prams: No

SUN 18TH MARCH • 12-12.30PM FINISH

SPCA Paws Walk

COST: \$5 FITNESS REQUIRED: ● MODERATE



A walk through the Redwoods with dogs on leashes with other dog lovers. Walk is flat and the speed is your choice.

- Area at the Entrance to the Dutch Hall, Neil Hunt Park
- Nicola Martin 07 349 2955

Registration required: No • Wheelchairs or Prams: Off-road prams OK